



APPLICANT INFORMATION

NARHC BOARD OF DIRECTORS

January 2024 – December 2026

Board members serve 3-Year Terms. NARHC conducts an online election with our RHC membership opening 2 months prior to the Fall Institute and closing the Wednesday prior to the Fall Institute, with the results are announced to the candidate the day after voting closes followed by a public announcement shortly thereafter.

REQUIREMENTS. Candidates must be employed by a current NARHC member & maintain NARHC membership once elected. All Board of Director candidates must be members in good standing of the Corporation for a minimum of past two years. All Board of Director candidates must have attended at least one of the previous four conferences hosted by NARHC. All Board of Director candidates must submit a complete application by the deadline with no exceptions.

TIME COMMITMENT. Board members are expected to attend the 2 NARHC conferences (2.5-3 days long typically in March & October) and be present on 1.5 hr./mo. conference calls (3rd Tuesday of the Month at 2:30 p.m. Eastern time). Additionally, BOD must serve on a NARHC committee. The overall time commitment varies but is approximately 2-7 hours/month. NARHC pays for BOD conference registration, lodging fees and reimburses travel expenses.

TERM LIMITS. Individuals elected to the Board shall be limited to 3 consecutive 3-year terms. At the end of each term re-election by the membership is required. Board Members who have termed out may be eligible for re-election to the Board after a 2-year absence from the Board.

There are 3-4 seats open every year (3 this year). This election will consist of 2 non-consultant and 1 consultant Board seat. Only 1 representative from the same organization will be allowed on the Board at a time. The position on the Board is assigned to the individual elected. The organization the individual is employed by does not have a claim to the seat should the Board Member need to step down during a term.

One consultant per election cycle may be elected to the Board of Directors. If there are multiple consultants running for a seat on the Board in any given election cycle, there will be a separate election held amongst all consultant candidates.

Board of Directors candidates will be deemed as consultants if they are primarily employed by a private, for-profit business that offers professional services to rural health clinics. Candidates primarily employed by state offices of rural health, accrediting organizations, or other rural health associations are not considered consultants.

TO RUN FOR THE BOARD OF DIRECTORS: Email your biography & the following information ASAP but no later than June 30th to contact@narhc.org. You may email or call 866-306-1961 x2 with any questions.

- Name
- Any Credentials
- Title
- Member RHC/Org.
- Business Address
- Your Email
- Phone
- Speaker Biography
- Your Picture
- 2 Letters of Recommendation (optional)

Candidate Biographies should be less than 600 words.

SAMPLE BIOGRAPHY

Mandy Shelast, CRHCP — Incumbent

Mandy is the President of the NARHC Board of Directors. She is also the President of Dickinson County Healthcare System. Her organization has 3 Provider Based NARHC Member RHCs in Northern Michigan. Previously, Mandy served as a Regional Clinic Director for Aspirus Health System. Her service area included Aspirus Keweenaw & Aspirus Ontonagon, two critical access hospitals with multiple RHCs. Mandy brings nine years of experience in RHC operations & has a built rapport with the Michigan Center for Rural Health. She was one of the first group who took and passed NARHC’s Certified RHC Professional course. Mandy knew from a young age she wanted to work in healthcare and has truly found her passion in serving the rural communities she calls home.



Mandy Shelast

President, Dickinson County Healthcare System

shelast.amanda@marshfieldclinic.org