Toolkit
Post COVID Workflows in the RHC
Clinic Visitor Restriction Guidelines

Our Clinic is working to keep our patients and the community healthy. Our goal is to prevent the spread of infection. Our clinic has implemented temporary visitor restrictions. We have done this to minimize disease transmission – specifically the spread of COVID-19.

Temporarily visitors will not be allowed at our clinic, with the following exceptions:

Patients who are under 18 years old:
- A parent or legal guardian of the minor patient may accompany the patient.

OB Patients:
- One support person may accompany the expecting mother.

Patient with high-risk procedure scheduled:
- One adult support person may accompany the patient.

Adult Patient with cognitive/developmental disabilities:
- One legal guardian may accompany the patient.

Per the US Centers for Disease Control and Prevention’s guidance, this clinic is restricting visitors who exhibit signs of fever or respiratory symptoms and those who are in quarantine or isolation per Public Health. All approved visitors will be required to wear a facemask at all times when in the clinic.
<table>
<thead>
<tr>
<th>Room Number</th>
<th>Time Patient Exited Room</th>
<th>90 Minutes After Exit</th>
<th>Disinfection Turn Over Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Laminate After Printing & Use Dry Erase Marker
Terminal Room and Equipment Cleaning Procedure

- Close the room door when patient care concludes and after the patient exits.
- Place a precautions sign on the door. Wait 90 minutes before entering the room.
- Gather required cleaning supplies and needed equipment.
  - PPE
    - Isolation gown (disposable)
    - Gloves (disposable)
    - Eye protection
  - Use CDC/EPA approved cleaning agents. Adhere to the required contact and dwell times.
- Follow normal hand hygiene procedures.
- Clean all of the surfaces, the furniture, the phones, the computers etc.
- Double bag any laundry.
- Bag all trash before leaving the room.
- Dispose of PPE
- Follow normal hand hygiene procedures.
- Complete the disinfection log.
School Age Children Guidelines

COVID 19 Symptoms:

- Cough – Diarrhea - Shortness of breath or trouble breathing – Muscle aches – New loss of smell or taste – Headache – Fever above 100 degrees F or chills – Nausea or vomiting – Runny nose or nasal congestion – sore throat – unusual fatigue

Before your child attends school in person you should monitor your child for any symptoms each morning.

- If your child has no symptoms – send your child to school.
- If your child has symptoms – keep your child home from school. Call our clinic.

Should your child be COVID tested?

- If your child was sent home from school due to having symptoms of COVID 19 or is expressing 2 or more symptoms within the last 24 hours - yes - your child should be tested.

What should we expect with the test?

The test may be a swab inside of the nose or in the back of the throat. It takes only a few seconds in each nostril and the swab looks like a long Q-tip.

What if my child has been tested?

Wait for your child’s result. While waiting, your child should isolate at home.

What if my child’s test comes back positive for COVID 19?

Your child will be required to stay home in isolation. Typically isolation stops when at least 10 days have passed since your child has first shown symptoms. Meaning, they have been fever free for 24 hours without a fever reducing medication.
Employees Who Are Ill

Employee who have COVID like symptoms:

Employees who exhibit symptoms of COVID 19 should:

1. Stay at home
2. Inform your supervisor
3. Contact nurse (employee health)

Before employee starts the workday:

Employees will have their temperatures screened when they enter the door. If the employees temperature is > 100 F:

1. Be sent home
2. Inform your supervisor
3. Contact nurse (employee health)

If the employee develops symptoms when at work:

1. Report illness to supervisor
2. Leave for home
3. Contact nurse (employee health)

Nurse/employee health will be in contact with each employee and complete an assessment to determine if testing for COVID 19 is necessary and to determine when the employee can return to work using algorithm.
COVID 19 Algorithm

Employee has COVID like symptoms

Employee contacts nurse/employee health

Are symptoms new or worsening & not related to an existing condition?

No

Testing not required. Follow procedure for return to work.

Yes

Refer employee for testing.

Positive

Follow procedure for systematic employee.

Negative

One negative test required with improved symptoms & fever free for a minimum of 24 hours.